



National Association for the Medical  
Direction of Respiratory Care

Physician Advocacy for Excellence  
In the Delivery of Pulmonary,  
Critical Care, and Sleep Medicine

NAMDRC



# NAMDRC

## 43rd Annual Meeting and Educational Conference

Jointly provided by CHEST®  
American College of Chest Physicians

# NAMDRC 2020: Advancing Your Practice in Pulmonary, Critical Care and Sleep Medicine

March 12 – 14, 2020

The Scottsdale Resort at McCormick Ranch  
Scottsdale, Arizona





## ABOUT THE PROGRAM

NAMDRC takes great pride in its Annual Educational Conference, and we believe that this year's program will meet all our goals. As you probably know, our conference registration fees do not come close to meeting the cost of the program, so we're making some changes in the non-CME components and social events related to the three day program. In comprehensive discussions with our corporate partners who are seeking increased visibility, each morning there will be a non CME breakfast for conference registrants. Coffee and breakfast juices will be available for those who choose not to attend these important educational sessions. We know that many spouses and guests like to re-connect in the morning, and coffee/juices will be available for them as well.

Secondly, our welcoming social event will run for one hour, and it is a genuine "Meet and Greet" event for attendees, spouses, guests and corporate partners.

Our evening social events remain unchanged.

For **NAMDRC's 43rd Annual Meeting and Educational Conference** we travel to The Scottsdale Resort at McCormick Ranch, Scottsdale, Arizona.

The 2020 program is entitled, "NAMDR 2020: Advancing Your Practice in Pulmonary, Critical Care and Sleep Medicine" and features many hot topics. NAMDR is also offering a reduced registration fee to new members who have joined since May 1, 2019 and have never attended a NAMDR Annual Meeting and Educational Conference (see the complete details on the Conference Registration page).

The program is designed to provide meeting registrants with a broad cross section of clinical information as well as to identify on-going health policy issues that should serve as an excellent educational opportunity. The program will include: lung cancer updates from diagnosis to therapy and a panel discussion; severe asthma; current approaches and diagnosis and treatment of pulmonary hypertension; telemedicine and the eICU; artificial intelligence and the future of medicine; diagnosis and treatment of insomnia disorders; sleep and NIV; home mechanical ventilation; controversies in septic shock and palliative care in the ICU.

This year's Walter O'Donohue Memorial Lecture is entitled: "Endobronchial Valve Therapy for Emphysema." Additionally, there will be a luncheon presentation and

conversation on the clinical and public health status surrounding electronic nicotine delivery systems.

There will also be complete updates on the Respiratory Compromise Institute; legislative and regulatory issues; negotiating coding and document changes for pulmonologists; practice management.

Sessions will be interactive via texting answers from cell phones and speakers have been specifically instructed to take advantage of this important interactive opportunity. The three half-day educational sessions on Thursday, Friday and Saturday begin early in the morning at 7:45 a.m. and conclude each day by 12:30 p.m. to ensure that everyone has the opportunity to enjoy the Scottsdale area!



The Continuing Education credits will be available to all physicians and nurses.

**Education Credits: Thursday: 6.00, Friday: 4.50 Saturday: 4.25, Total Credits: 14.75**

### Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Chest Physicians and the National Association for Medical Direction of Respiratory Care. The American College of Chest Physicians is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Chest Physicians designates this live activity for a maximum of **14.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American College of Chest Physicians is approved by the California Board of Registered Nursing, Provider Number 16433, for 14.75 contact hours.

### ABIM Maintenance of Certification Information

Successful completion of this CME activity enables the participant to earn up to 14.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

Upon successful completion of this course, CHEST will submit your completion data to ABIM via ACCME's Program and Activity Reporting System (PARS) for MOC points. Please allow 3-5 business days after claiming for points to be reflected on your ABIM record.

### Who Should Attend

This conference is for physicians, pharmacists, nurses, and non-physicians who work in the areas of:

- Pulmonary Medicine
- Critical Care
- Sleep Medicine

You do not need to be a member of NAMDR to attend this educational conference. Attendance is open to all health care professionals in respiratory care, pulmonary medicine, critical care, sleep disorders and respiratory home health care and long-term services, pulmonary rehabilitation, pulmonary physiology diagnostics and ventilator management.

### Learning Objectives

At the conclusion of this educational conference, the participant should be better able to:

1. identify clinical and management issues related to current practice of respiratory, critical care and sleep medicine;
2. explain and illustrate key specific advances and changes in the fields of pulmonary, critical care and sleep medicine;
3. summarize and critique recent key studies related to the fields of pulmonary, critical care and sleep medicine;
4. recognize the impact of regulation and legislation on clinical practice;
5. apply new information to the respective clinical practices of meeting attendees;
6. promote the highest quality and standards of respiratory care delivery.

### Interactive Audience Response System at NAMDR

We will be utilizing an Audience Response System in all educational sessions to facilitate an interactive learning experience between the speakers and program attendees. By texting answers from your cell phone, speakers will be able to query the attendees with results posted simultaneously. This will help promote discussion for the delivery of pulmonary medicine.

See real time responses to important clinical questions while comparing your opinion with those of your colleagues by participating in these interactive sessions.

### Program Committee

In accordance with accepted guidelines the Program Committee is the sole determinant of the topics and speakers. Corporate supporters do not provide input to the Annual Meeting Educational Program Committee or in any other way participate in discussions of meeting topics or speakers.

Kathleen F. Sarmiento, MD, *Co-Chairperson*

Maida V. Soghikian, MD, *Co-Chairperson*

Albee L. Budnitz, MD

David Kovaleski, MD

James Parish, MD

Michael Rey, MD

Sophia Smith, DO

Felix D. Zamora, MD

Phillip Porte, NAMDR  
*Executive Director*

Karen Lui, RN, MS, NAMDR  
*Associate Executive Director*

Vickie Parshall, NAMDR  
*Director Member Services*

# NAMDRC 2020 ANNUAL MEETING PROGRAM

## THURSDAY MARCH 12 Moderator: James P. Lamberti, MD, President, NAMDRRC

7:45 a.m. – 8:00 a.m.	Welcome and Program Overview	
8:00 a.m. – 8:40 a.m.	Lung Cancer Pathology Updates	Maxwell L. Smith, MD, Consultant Pathologist and Associate Professor Mayo Clinic-Arizona, Scottsdale, AZ
8:40 a.m. – 9:20 a.m.	Lung Cancer and Biologics	James G. Herman, MD, Co-Director, Lung Cancer Program University of Pittsburgh Medical Center, Pittsburgh, PA
9:20 a.m. – 10:00 a.m.	Interventional Pulmonary and Cancer	Colleen Channick, MD, Director of Interventional Pulmonary Ronald Reagan UCLA Medical Center, Los Angeles, CA
10:00 a.m. – 10:30 a.m.	Cancer Panel	Maxwell L. Smith, MD - James G. Herman, MD - Colleen Channick, MD

### 10:30 a.m.– 10:45 a.m. Break

10:45 a.m. – 11:30 a.m.	Severe Asthma	Monica Kraft, MD, Chair, Department of Medicine University of Arizona Health Sciences, Tucson, AZ
11:30 a.m. – 12:15 p.m.	Pulmonary Hypertension: Current Approaches to Diagnosis and Treatment	Richard Channick, MD, Professor of Medicine David Geffen School of Medicine at UCLA, Los Angeles, CA

### 12:15 p.m. – 12:30 p.m. Evaluations

12:30 p.m. – 2:00 p.m.	<b>CME LUNCHEON</b> Electronic Nicotine Delivery Systems: Current Evidence, Emerging Concern	Susanne E. Tanski, MD, MPH, FAAP, Associate Professor of Pediatrics at the Geisel School of Medicine at Dartmouth, Dartmouth-Hitchcock Medical Center, Lebanon, NH
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## FRIDAY MARCH 13 Moderator: Maida V. Soghikian, MD, President-Elect, NAMDRRC

7:45 a.m. – 8:00 a.m.	Welcome and Announcements	
8:00 a.m. – 8:45 a.m.	Telemedicine/eICU	Claibe Yarbrough, MD, Chief, Pulmonary/Critical Care, VHA North Texas Health Care System, Professor, Internal Medicine, U. T. Southwestern Medical Center, Dallas, TX
8:45 a.m. – 9:30 a.m.	Artificial Intelligence and the Future of Medicine	Steve G. Peters, MD, Professor of Medicine Mayo Clinic, Rochester, MN
9:30 a.m. – 10:30 a.m.	<b>Walter O'Donohue Lecture:</b> Endobronchial Valve Therapy for Emphysema	Gerard J. Criner, MD, FACP, FACC, Professor, Thoracic Medicine & Surgery Temple University School of Medicine, Philadelphia, PA

### 10:30 a.m. – 10:45 a.m. Break

10:45 a.m. – 11:15 a.m.	Coding Will Be Fun in 2021!	Alan L. Plummer, MD, FCCP, Professor of Medicine-Retired Emory University Medical Center, Atlanta, GA
11:15 a.m. -11:45 a.m.	Practice Management Update 2020	Steve G. Peters, MD, Professor of Medicine Mayo Clinic, Rochester, MN
11:45 a.m. – 12:15 p.m.	Legislative and Regulatory Updates	Phillip Porte, NAMDRRC Executive Director Vienna, VA

### 12:15 p.m. – 12:30 p.m. Business Meeting

12:30 p.m. – 2:00 p.m.	<b>NON-CME LUNCHEON</b> Sponsored by AstraZeneca	Program and Speaker TBA
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## SATURDAY MARCH 14 Moderator: Kathleen F. Sarmiento MD, Secretary/Treasurer, NAMDRRC

7:45 a.m. – 8:00 a.m.	Welcome and Announcements	
8:00 a.m. – 8:45 a.m.	Diagnosis and Treatment of Insomnia Disorder	Jennifer Martin, PhD, Assistant Professor of Medicine David Geffen School of Medicine - UCLA, Los Angeles, CA
8:45 a.m. – 9:30 a.m.	Sleep and NIV	Sairam Parthasarathy, Professor of Medicine University of Arizona, Tucson, AZ
9:30 a.m. – 10:15 a.m.	Routine Monitoring for Home Assisted Ventilation: Turning on the Lights	John Hansen-Flaschen, MD, Emeritus Professor CE of Medicine Hospital of the University of Pennsylvania, Philadelphia, PA  Michael M. Rey, MD, MSHP, Assistant Professor of Clinical Medicine University of Pennsylvania, Philadelphia, PA

### 10:15 a.m. – 10:30 a.m. Break

10:30 a.m. – 11:15 p.m.	Controversies in Septic Shock	Rodrigo Cartin-Ceba, MD, MSc, Consultant of Pulmonary and Critical Care Medicine Associate Professor of Medicine, Mayo Clinic-Arizona, Scottsdale, AZ
11:15 p.m. - 12:00 p.m.	Palliative Care in the ICU	Mark Edwin, MD, Consultant at the Center for Palliative Medicine Mayo Clinic, Phoenix, AZ

### 12:00 p.m. – 12:15 p.m. Evaluations



**Saturday, March 14, 2020**  
**7:00 pm to 10:00 pm**  
**Closing Reception**

## Things to Do...

There are many things to do in Scottsdale such as: shopping in Old Town Scottsdale; taking the Scottsdale Wine Trail (taste testing at 4 of Arizona's wineries); going to the Desert Botanical Gardens, the McCormick-Stillman Railroad Park, or the Phoenix Zoo. There are desert jeep adventures, horseback riding, hiking, biking and golf. More adventures can be found at the following website:

<https://www.experiencescottsdale.com/activities/>

If you need assistance scheduling any activities, the friendly concierge can assist you. Just click on the following link to get information or schedule an outing:

<https://www.destinationhotels.com/scottsdale-resort/resort/concierge-request-form>

## Climate and Dress

The average high in March in Scottsdale averages 72 degrees Fahrenheit. The average low is 47 degrees and the evenings can be chilly. It is advisable to bring long pants, sweaters and/or light jackets. Remember to bring along comfortable shoes for sightseeing, wine tasting and other activities and pack at least one set of dress clothes as some restaurants may require more formal attire and a swimsuit if you wish to use the spa. Dressing in light layers is both functional and advisable for moving from day to evening activities.

Attire for educational sessions is business casual. Receptions on Wednesday, Thursday, and Saturday Evenings call for a casual/elegant look.

## NAMDRC Officers

James P. Lamberti, MD, *President*

Maida V. Soghikian, MD, *President-Elect*

Kathleen F. Sarmiento, MD, *Secretary/Treasurer*

Charles W. Atwood, MD, *Past President*

**NAMDRC'S 44th Annual Meeting and Educational Conference will be held March 18-20, 2021 at the Fairmont Sonoma Mission Inn, Sonoma, CA.**

## PLANNING YOUR TRIP

The Scottsdale Resort at the McCormick Ranch is located at 7700 East McCormick Parkway, Scottsdale, AZ 85258 and is accessible through the Sky Harbor International Airport, Phoenix, Arizona.

### Ground Transportation

The most economical way to reach the hotel is via Uber/Lyft, or taxi. Also, there are airport shuttles and limousine services available. The resort uses Transportation Inc. for their sedans, limousines and buses. For individual sedan services on and off property, call 480-217-5319. Their website is: <https://transincaz.com/>.

### Parking

Self-parking is complimentary. Valet parking is also available.

### Hotel Accommodations and Room Rates

NAMDRC has arranged for the following room rate for the standard room during the conference:

#### **\$ 285.00/night plus tax**

Rates are for both single and double occupancy. To guarantee the special room rates you must make your reservations **by Monday, February 17, 2020**. Special rates cannot be guaranteed after that date.

### Hotel Reservations

To make reservations and to receive the special room rate for the period of March 9 - 15, 2020, call Reservations at:

**1-800-540-0727**

**You must identify yourself as a participant in the NAMDRC Group when you make your reservations. Note that any special room arrangements must be made at the time of the call.**

**OR**, go to the following link:

[https://www.hyatt.com/en-US/hotel/arizona/the-scottsdale-resort-at-mccormick-ranch/phxdx?corp\\_id=G-DDIR](https://www.hyatt.com/en-US/hotel/arizona/the-scottsdale-resort-at-mccormick-ranch/phxdx?corp_id=G-DDIR)

### Hotel Cancellation Fees

The cancellation policy is 72 hours prior to arrival...so you have 3 days before you arrive to cancel without penalty!!

### Schedule of Special Events

Plan to arrive on Wednesday, March 11th and depart on Sunday, March 15th.

Registration fees for all meeting attendees cover the cost of the educational sessions, coffee and juice, coffee breaks, the Meet and Greet Reception on Wednesday evening (3/11), the President's Reception on Thursday evening (3/12) and the Closing Reception on Saturday evening (3/14).

Attendees are encouraged to bring family members and guests to the conference. Registered family members and guests are invited to enjoy the coffee and juice and all three receptions. Guest registration is \$200 and all children under 12 are free.

**Wednesday, March 11, 2020**  
**6:30 pm to 7:30 pm**  
**Registration and Meet and Greet Reception**

**Thursday March 12, 2020**  
**7:00 pm to 10:00 pm**  
**President's Reception**





# CONFERENCE REGISTRATION

## NAMDRC 2020: ADVANCING YOUR PRACTICE IN PULMONARY, CRITICAL CARE AND SLEEP MEDICINE – March 12 - 14, 2020

Registration is open to physicians and non-physicians with interests in respiratory, critical care, and sleep medicine. Written cancellations received by **February 24, 2020** will be processed minus a \$75 cancellation fee, after the conference. This conference is jointly sponsored by CHEST® - American College of Chest Physicians.

### Meeting Registration Options

- Go to [www.namdr.org](http://www.namdr.org) and register.
- Complete this form and return it, along with payment in the form of a credit card charge or check made payable to NAMDRC to:

**NAMDRC**  
**8618 Westwood Center Drive, Suite 210**  
**Vienna, VA 22182-2222**

- FAX (for credit card payments only) a copy of your completed registration form to **703.752.4360**.

Please print clearly or type:

Name (Last)	(First)	(MI)
Degree	Specialty	
Address		
City	State	Zip
Telephone	Fax	
E-mail		

Nurses - Enter the following for CME credits:

License #: \_\_\_\_\_ State: \_\_\_\_\_

### Registration Fee Schedule

The Attendee registration fee covers the cost of all educational sessions, CME credits, three continental breakfasts, all coffee breaks, and all NAMDRC receptions.

	Early Bird By Dec. 31	Jan. 1 to Mar. 20	On-Site
NAMDRC Members	\$400.00	\$450.00	\$475.00
Non-Members	\$600.00	\$740.00	\$800.00
New Members	\$200.00	\$225.00	\$237.50
Fellowships	\$175.00	\$205.00	\$340.00
Spouse/Guest	\$200 per person; there is no charge for children 12 and under.		

### Payment

Attendee Registration Fee \$ \_\_\_\_\_  
Spouse/Guest Fee (\$200 per person x \_\_\_\_\_) \$ \_\_\_\_\_  
**TOTAL PAYMENT DUE:** \$ \_\_\_\_\_

- Enclosed is a check payable to NAMDRC (U.S. Dollars)  
 Charge my credit card for total payment due  
 American Express  MasterCard  VISA

Please print clearly or type:

Credit Card Number	Expiration Date
Security Code	
Name as it Appears on Credit Card	
Billing Address (If different from registration)	
Signature	

### Badge Information

Name badges are required for admission into all NAMDRC functions. Please indicate how you want your name and the name(s) of your guests to appear on the badges.

Attendee(s):

First Name	Last Name	Degree
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Spouse/Guest(s) including names of children 12 and under:

First Name	Last Name	E-mail address
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First Name	Last Name	E-mail address
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First Name	Last Name	E-mail address
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First Name	Last Name	E-mail address
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### Receptions

Please indicate the number of participants who will be attending the following events:

Wednesday, March 11, 2019, **Meet and Greet Reception,**  
*Bennie's Courtyard* \_\_\_\_\_

Thursday, Mar. 12, 2019, **CME Luncheon** for paid attendees only, \_\_\_\_\_  
*Pueblo III*

Thursday, Mar. 12, 2019, **President's Reception,**  
*Paradise Park Lawn* \_\_\_\_\_

Saturday, Mar. 14, 2019, **Closing Reception,**  
*McCormick Court* \_\_\_\_\_

## NEW NAMDRC MEMBERS RECEIVE DISCOUNTED REGISTRATION!

We are offering 50% off registration to all new members who have joined NAMDRC since May 1, 2019 and have never attended a NAMDRC Annual Meeting and Educational Conference. The membership fee to join NAMDRC is \$395 per individual. The meeting registration fee ranges from \$400 to \$475 depending upon when you register. This means if you join by March 6, 2020 you will receive a 50% registration fee to the NAMDRC 43rd Annual Meeting and Educational Conference that commences on March 12, 2020 in Scottsdale, Arizona.

To take advantage of this offer please complete this registration form and contact the NAMDRC office directly for processing at 703-752-4359 or via email at [Execoffice@namdr.org](mailto:Execoffice@namdr.org). If you have not already joined NAMDRC, visit our website at: [www.namdr.org](http://www.namdr.org) and sign up today.

# NAMDRC MEMBERSHIP/RENEWAL APPLICATION

## NAMDRC



### Two Easy Ways to Become a NAMDCRC Member

1. Go to [www.namdcrc.org](http://www.namdcrc.org) and register for membership online.
2. Mail this application with payment to:

**NAMDCRC**

8618 Westwood Center Drive, Suite 210  
Vienna, VA 22182-2222

**Please print clearly or type:**

Name (Last) (First) (MI)

Degree

Address

City State Zip

Telephone Fax

E-mail

Facilities with which You are Affiliated

### Membership Dues Schedule

#### Small Group Practice (1 –6 Physicians):

Renewal \$295.00  
New Member –includes one-time \$100.00 initiation fee 395.00

#### Gold Institutional Membership

7 - 20 Physicians \$1,750.00

#### Platinum Institutional Membership

21 - 30 Physicians \$2,500.00

Go to [www.namdcrc.org](http://www.namdcrc.org) for additional information on the Gold and Platinum Institutional Membership benefits

**TOTAL PAYMENT DUE:** \$ \_\_\_\_\_

### Payment

- Enclosed is a check payable to NAMDCRC (U.S. Dollars)  
 Charge my credit card for total payment due  
 American Express  MasterCard  VISA

Credit Card Number Expiration Date

Security Code

Name as it Appears on Credit Card

Billing Address (If different from registration)

E-mail

Signature

*In accordance with IRS regulations, 95% of your 2020 annual dues are tax deductible. NAMDCRC's Federal Tax ID# is 74-2020988.*

**For more information, contact NAMDCRC**

**Phone:** 703.752.4359

**Fax:** 703.752.4360

**E-mail:** [ExecOffice@namdcrc.org](mailto:ExecOffice@namdcrc.org)

**Website:** [www.namdcrc.org](http://www.namdcrc.org)